



ISABS Western India Region Announces

ANUBHAV II 2017

March 4th to 9th, 2017

Venue: Poornodaya Training Centre,
Bhopal

Lab timings: 08.30-18.00 hrs	
Labs Offered	
BLHP	Basic Lab on Human Process in Hindi
ALHP	Advanced Lab on Human Process in Hindi
Fees per person (in INR including taxes)	
14979	Residential Basis
12679	Non Residential Basis
Last Date of Registration: February 20 th , 2017	

For Registration: Please contact –
Prerana Rane (Region Co-ordinator, Western India
Region – Maharashtra, Goa, Madhya Pradesh,
Gujarat)
Contact Details: +918108432263
E-mail id: isabs.mumbai@gmail.com

Life is a series of experiences that teaches us continuously. As we grow out of formal education, learning and growth takes a new meaning. We begin asking questions such as;

- ☞ Who am I really?
- ☞ Why do some people impact me differently from others?
- ☞ How is it that I respond in peculiar manner to certain situations?
- ☞ How does one change the other person's behaviour?

Don't we all wish for the magic wand that will be the answer to all the emotional mess around us ~ taking care of the anger, the tears, the uncertainty, the ambiguity, and assuring us of harmony and joy?

"Anubhav II" offers you an opportunity, to learn in a group setting, how to handle the human process that are the basis of our actions and behaviours. You will learn, to unravel the mysteries of human behaviour, by observing yourself and others, thereby understanding various emotional, social and psychological dynamics in a way that helps you make conscious choices of who you want to be!

We expect that attending these labs will help you grow and live your life more fully ~ both, personally and professionally.



ABOUT ISABS

ISABS – Indian Society for Applied Behavioural Science is a national, not for profit organization founded in 1972, by a group of behavioural scientists, with an intention of offering their knowledge and skill in service of well-being of people and organizations. The professional members of ISABS are independent consultants, trainers, consultants, counsellors, academicians, Managers – HR and business and people engaged in community change facilitation. They volunteer their time and effort for furthering the work in this field for various activities of ISABS ~ Human process labs, research etc.

ISABS is a value based institution dedicated to the dignity and autonomy of human beings as individuals in groups, organizations and society at large.

ISABS is dedicated through its work to understanding and developing the competencies related to human processes. Experiential learning is the foundation of all work in ISABS. ISABS activities include;

- ☞ Conducting educational and training programs based on experiential learning and the laboratory technology. The most prominent activities of the Society are the "Summer Event" and the "Winter Event" held by the national office.
- ☞ The 4 Regions of the Society offer 2 or 3 regional events offering HPLs and Special theme labs.
- ☞ Conducting low-cost laboratories in Basic & Advanced Human Processes in different regions to provide opportunity to a large number of people to gain insights into themselves and their behavior.
- ☞ Sharing learning and recent developments in human behavior through meetings, discussions, seminars and workshops.
- ☞ Conducting research studies to generate more knowledge about human behavior in different settings.
- ☞ Conducting long-term professional development programs for those interested in developing their skills in Process Learning, Laboratory Training, Organization Development and Human Resources Development.

ABOUT HUMAN PROCESS LABS:

In a Human Process Laboratory, a group of around 10-12 participants work together along with a facilitator to learn about human processes, and in the process discover more about themselves, their strengths, their styles, their interpersonal and group interactions, how they perceive others, and are perceived by others. While this is the primary task, there is no predetermined agenda and the group uses the 'here and now' experience to derive this learning, using each other as a resource. The facilitators help create a climate for such learning.

About BLHP- Basic Lab on Human Process

This lab is the beginning of a journey that takes the participant deeper into his/her self-awareness. The Basic Lab is meant for any person interested in developing his/her personal and interpersonal competence and becoming more effective.

The lab objectives are to help participants:

- ☞ Enhance one's effectiveness in interpersonal and group interactions and derive greater satisfaction from them
- ☞ Become aware of one's patterns of behaviour and its impact on others
- ☞ Recognize feelings and become more sensitive to one's own as well as others' needs
- ☞ Improve one's ability to deal with conflict functionally and
- ☞ Discover one's potential to live life meaningfully and effectively

Typically, BLHP participants comprise of

- ☞ All those working in NGOs, Movements and social organizations
- ☞ School and University faculty
- ☞ Team or Group Leaders and Project Coordinators
- ☞ TQM & ISO supervisors
- ☞ HRD, Training, Personnel and Industrial Relations Professionals
- ☞ Counsellors and Therapists
- ☞ Marketing, Sales and Client Servicing professionals
- ☞ Line Managers and Executives

About ALHP- Advanced Lab on Human Process

This lab is conceptualized to help further the journey of self-awareness that has begun with a BLHP. All those Individuals who have participated in a Basic Lab on Human Processes or its equivalent (L-Group/Human Relations Programs in laboratory mode etc.) and have been cleared for attending Advanced Lab, can participate in an ALHP. ALHP is essential for those expecting/desirous of pursuing the Professional Development Program (PDP) of ISABS.

The lab objectives are to help participants:

- ☞ Enhance learning and experimentation initiated by oneself in the Basic Lab and thereafter
- ☞ Practice skills of better listening, being more authentic and empathetic
- ☞ Develop greater awareness of behavioural processes of individuals, as experienced in the here & now
- ☞ Become familiar with group dynamics and how these impact behaviour of individuals

ALHP is particularly recommended for

- ☞ NGO, Social organization and Government staff in people management roles
- ☞ Internal HRD facilitators and personnel engaged in change management
- ☞ ISO Management Representatives and TQM Facilitators
- ☞ Executives, Administrators and Managers
- ☞ Trainers and Counsellors

Note:

While sending nominations for ALHP, kindly ensure that the following particulars are made available:

- ☞ Year of attending BLHP
- ☞ Date and venue of the respective ISABS event
- ☞ Name of facilitators and
- ☞ Whether cleared for attending ALHP

ADMINISTRATIVE DETAILS

PROGRAM FEE:

	Basic Fee	Associate Membership Fee of ISABS*	Service Tax @15% (includes 0.5% Krishi Kalyan Cess applicable from June 1 st , 2016)	Total Fee	Number of Seats
Residential Basis	12775	250	1954	14979	28
Non Residential Basis	10775	250	1654	12679	8

The fee includes the cost of Lunch, Tea, and evening snacks during the programme, programme material and the administrative expenses for all participants. For residential participants fees also include Breakfast and Dinner starting from 4/03/2017 evening till 9/03/2017 evening, and accommodation in sharing rooms from 4th to 9th March 2017 .

***Note on Associate Membership Fee:** The Associate Membership Fee (AMF) is an annual fee as mandated by ISABS. If you have paid it anytime post 9th March 2016 till date of registration and payment, you may deduct the due amount (Rs.250/-) from total fee payable and mention details of the AMF paid in the nomination form.

BURSARIES:

ISABS is committed to make this learning opportunity available to those working in under resourced Non-profit organizations or community based organizations and movements. A few bursaries will be available to the participants who are working with such organizations and/or are constrained with resources. Participants will be required to submit the application for bursaries in given format to the Regional Coordinator on or before February 15th 2017. The Region Coordinator will revert to you on the amount of bursary we can offer based on the total number of applications received and relative merits of the case.

We have a limited number of seats in each category and same will be allocated on first come first serve basis for confirmed registration against full payment sent along with duly filled in nomination form.

CANCELLATION:

- ☞ Any cancellation after the confirmation of nominations will entail a deduction of 50% of the programme fee towards administrative costs incurred by us.
- ☞ Cancellations on or after 20th February 2017, will NOT be entitled to any refund.
- ☞ However, request for a replacement of participant in the SAME lab, may be considered subject to written request being sent to us for the said replacement.

REGISTRATION AND PAYMENT INFORMATION:

- ☞ ISABS' services are available only for its members. The Associate Membership Fee will enroll the participant as Associate Member for one year from 4th March 2017
- ☞ Participation Fee in form of Cash/Cheques/DDs may be directly deposited in our bank account as under. Deposits can be made in **any CBS branch of State Bank of India anywhere in India**. Instruments should be drawn in favour of "Indian Society for Applied Behavioural Science, Mumbai Chapter". Alternatively applicants may e-transfer the fees to the ISABS Bank Account.
- ☞ Details of Bank Account:
 - Account Holder:** Indian Society for Applied Behavioural Science, Mumbai Chapter
 - Bank:** State Bank of India, Andheri (East) Branch
 - Account Number:** 10512228498 – Current Account
 - IFSC Code:** SBIN0000539
- ☞ Please furnish the details below if you have made electronic transfer:
 - Bank and Branch from where the remittance has been sent, Date, Bank Confirmation Number, Amount

transferred. In case of e-transfer, please quote in the nomination form the acknowledgement number for the purpose of identification. Also send a print of the Bank's acknowledgement screen.

- ☞ Nominations will be accepted on a first come first served basis and would be considered as confirmed only after full payment of fees.
- ☞ Mail your soft copy of the nomination form duly filled and signed to: isabs.mumbai@gmail.com
- ☞ Hard copy of the filled nomination form may be sent to: ISABS - Mumbai chapter, C/o Dr. Prerana Rane, Lakshmi Narayan, Bhuvan, First floor, G.D. Ambekar Marg, Parel, Mumbai 400012
- ☞ For payment confirmation queries you may send mail to isabs.mumbai@gmail.com or contact on: 8108432263

EVENT DATES AND TIMINGS: MARCH 4TH TO 9TH, 2017

- ☞ Opening Community session will be held on March 4th 2017 at 7 pm.
- ☞ Labs will end by 4.00 pm on 9th March, 2017.
- ☞ **Participant Check-in:** After 4 pm on 4th March, 2017.
- ☞ **Participant Check-out:** Participants will be required to complete check-out formalities and vacate their rooms before lab commences on 9th March, 2017. The luggage will be stored at the center till lab ends.

VENUE DETAILS:

The event will be held at:

POORNODAYA Training Centre, Patel Nagar, Anand Nagar, Raisen Road, Bhopal 462021

Purnodaya Campus is approximately 12 km from the Bhopal Railway station and approximately 8 km from the Habibganj Railway station. It is located 1 km from the main road – Raisen Road. Coming from the Railway station, you have to turn left just after the Capital Petrol Pump. The other landmark is Sidhartha Lake City colony, which comes before the Capital Petrol Pump.

After you turn left from the Capital Petrol Pump, proceed to Christ School. Purnodaya Centre and Christ School are inside the same campus.

“THE SECRET OF
CHANGE IS TO FOCUS
ALL OF YOUR ENERGY,
NOT ON FIGHTING THE
OLD, BUT ON BUILDING
THE NEW.”

— SOCRATES

